

ESOPHAGEAL MANOMETRY/MOTILITY STUDY

PATIENT NAME: _____ **DATE OF BIRTH:** _____

APPOINTMENT DATE: _____ **TIME:** _____ **AM / PM**

INSTRUCTIONS:

- **Nothing to eat or drink 6 hours before the test (except for a few crackers with medications if needed).**
 - **You may take your regularly prescribed medications (especially blood pressure/heart medications and anxiety medications) early that morning with a few sips of water. If it is a medication that must be taken with food, you may eat a few (2-3) crackers.**
 - **Please report to the Chambersburg Hospital Same Day Services Outpatient Department.**
 - **Please call (717) 267-4888 to Pre-register.**
 - **If you need to cancel or reschedule your appointment, please call (717) 263-0629.**
 - **If you have any questions, please call (717) 263-0629.**
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ABOUT THIS STUDY:

The test takes about 30-45 minutes. You will be able to drive and go to work after the test.

This study involves passing a small, soft tube through the nostril of your nose and into the tube that food goes through (the esophagus.) Then the tube will go to your stomach.

This will measure the pressure in the esophagus and stomach. Your doctor will be able to see how the esophagus is working and how the lower and upper esophageal sphincter works. The sphincter is the muscle at the end of your food tube (esophagus.)

In most cases the study is easily tolerated. You may feel pressure in your nostril and you may have slight gagging as the tube passes through. This feeling should go away once the tube is in place.

Your doctor's office will contact you with the findings of the test within 1-2 weeks.