

H-Pylori Breath Test

- ✓ You must be fasting one hour prior to the testing. This means no food, drink, or smoking for one hour.
- ✓ You are to have no antibiotics two weeks prior to the testing.
- ✓ Do not take any PPI's, H2 receptor antagonists, or antacids for 2 weeks prior to the test.
- ✓ Check if you have sensitivity to aspartame. This is an ingredient in the substance you will be drinking prior to the testing.
- ✓ This test cannot be started late in the day. It is best to call Quest lab at 263-2037 prior to going for your testing.