

# Colonoscopy Prep –Half Lytely

Name \_\_\_\_\_ Colonoscopy \_\_\_\_\_  
Day Date

Arrival Time at Endoscopy Center \_\_\_\_\_ Procedure Time \_\_\_\_\_

## Prior to Preparation:

✓ Medication Adjustments \_\_\_\_\_  
\_\_\_\_\_

Do not take Aspirin, Ibuprofen, Advil, Aleve, Motrin, and/or arthritis medications \_\_\_\_\_ day(s) before the study, these can thin your blood. You may take Tylenol. Other medication instructions will be given when we call you 1-3 days prior to the procedure.

- ✓ Purchase Half Lytely Bowel Prep Kit at the pharmacy, you will need a prescription for the Half Lytely.
- ✓ **Arrange for a driver.** Your driver must stay in the waiting room the entire time; this is a Department of Health guideline. You will not be able to drive until the next morning.

## Preparation:

\_\_\_\_\_ **Morning** Mix solution following the instructions and refrigerate.  
Day of Week

You may have clear liquids, only, that do not have artificial red or orange coloring in them, cranberry is OK if it is naturally red. “If you can see through it, it is not red, orange, and has nothing solid in it you may have it.” Make sure you drink something every hour until five hours prior to procedure.

- |                                |                              |
|--------------------------------|------------------------------|
| ➤ Coffee (no creamer) or Tea   | ➤ Fruit juices               |
| ➤ Water                        | ➤ Freeze Pops                |
| ➤ Soda                         | ➤ Jell-O (no fruit in it)    |
| ➤ Broth, bouillon, or consommé | ➤ Athletic drinks (Gatorade) |

**2:00 PM** Take 2 Dulcolax (bisacodyl) tablets with water, pills are in the Half-Lytely kit.  
Do not chew or crush

**6:00 PM** Rapidly drink an 8 oz glass of solution every 10 minutes until the solution is gone.

\*\*\*You may feel bloated and/or have nausea. This is common and temporary; it will disappear once your bowel movements begin.

\*\*\*If you have any questions about your colonoscopy you may call (717) 217-4312.

**\*\*ABSOLUTELY NOTHING TO EAT OR DRINK FIVE HOURS BEFORE PROCEDURE\*\***  
**Take medications as usual (with a sip of water) unless otherwise directed**

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date